

# Drugs In Sport

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 Routledge Handbook of Drugs and Sport

*Drugs In Sport*

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## GAIGE EMMALEE

**Doping and Public Health** Human Kinetics Publishers

Discusses the use of performance-enhancing drugs among high school and Olympic athletes and efforts to ban drug and steroid use in sports from a variety of viewpoints.

[Drugs and Medicines in Sport](#) Australian Government Pub Service

Doping has become one of the most important and high-profile issues in contemporary sport.

Shocking cases such as that of Lance Armstrong and the US Postal cycling team have exposed the complicated relationships between athletes, teams, physicians, sports governing bodies, drugs providers, and judicial systems, all locked in a constant struggle for competitive advantage. The Routledge Handbook of Drugs and Sport is simply the most comprehensive and authoritative survey of social scientific research on this hugely important issue ever to be published. It presents an overview of key topics, problems, ideas, concepts and cases across seven thematic sections,

which include chapters addressing: The history of doping in sport Philosophical approaches to understanding doping The development of anti-doping policy Studies of doping in seven major sports, including athletics, cycling, baseball and soccer In-depth analysis of four of the most prominent doping scandals in history, namely Ben Johnson, institutionalized doping in the former GDR, the 1998 Tour de France and Lance Armstrong WADA and the national anti-doping organizations Key contemporary debates around strict liability, the criminalization of doping, and zero tolerance versus harm reduction Doping outside of elite sport, in gyms, the military and the police. With contributions from many of the world's leading researchers into drugs and sport, this book is the perfect starting point for any advanced student, researcher, policy maker, coach or administrator looking to develop their understanding of an issue that has had, and will continue to have, a profound impact on the development of sport.

*Drugs and Sports* Routledge

The use of illicit drugs to improve sporting performance, known as 'doping', is common in elite sport. Because of the hidden nature of doping in sport, accurate statistics are difficult to obtain,

however the pressures on many athletes to succeed at any cost continues to fuel significant levels of drug abuse in sport, in spite of improved modern testing regimes. Catching drug cheats is essential if sports are to be conducted fairly and if harmful health effects from drug abuse are to be avoided. A number of sports are plagued by suspicions that many top athletes resort to drug-taking to enhance their performance through the use of such substances as anabolic steroids, human growth hormone, erythropoietin (EPO), beta-blockers, stimulants and diuretics. What substances and methods are banned in competitive sport, and how can they aid performance and harm the body? What are the latest anti-doping measures and how should drug cheats be dealt with? Chapter 1: Drug Use in Sport Chapter 2: Anti-Doping in Sport Glossary; Facts and Figures; Additional Resources; Index

*Drugs, Sport and the Law* Human Kinetics Publishers

From a 1998 conference sponsored by the Amateur Athletic Foundation of Los Angeles, 11 studies cover the science of doping and testing; its history, ethics, and social context; and its politics. Among them are a comparison of how Canada, Russia, and China have responded to doping

scandals involving their athletes. Annotation copyrighted by Book News, Inc., Portland, OR.

#### **Good Sport** Elsevier

Doping is undoubtedly one of the most controversial issues within sport. This collection of essays from academics, practitioners and administrators, analyzes contemporary socio-legal and political themes related to doping in sport and provides a challenging view of doping issues.

*Sports Pharmacy* American Pharmacists Association (APhA)

Drugs, sport and the law.

#### **An Introduction to Drugs in Sport** Routledge

The sense of crisis that pervades global sport suggests that the war on doping is still very far from being won. In this critical and provocative study of anti-doping regimes in global sport, Paul Dimeo and Verner Møller argue that the current system is at a critical historical juncture. Reviewing the recent history of anti-doping, this book highlights serious problems in the approach developed and implemented by the World Anti-Doping Agency (WADA), including continued failure to accept responsibility for the ineffectiveness of the testing system, the growing number of dubious convictions, and damaging human-rights issues. Without a total rethink of how we deal with this critical issue in world sport, this book warns that we could be facing the collapse of anti-doping, both as a policy and as an ideology. The Anti-Doping Crisis in Sport: Causes, Consequences, Solutions is important reading for all students and scholars of sport studies, as well as researchers, coaches, doctors and policymakers interested in the politics and ethics of drug use in sport. It examines the reasons for the crisis, the consequences of policy strategies, and it explores potential solutions.

*The Anti-Doping Crisis in Sport* Routledge

Why do many athletes risk their careers by taking performance-enhancing drugs? Do the highly competitive pressures of elite sports teach athletes to win at any cost? An Introduction to Drugs in Sport provides a detailed and systematic examination of drug use in sport and attempts to explain why athletes have, over the last four decades, increasingly used performance-enhancing drugs. It offers a critical overview of the major theories of drug use in sport, and provides a detailed analysis of the involvement of sports physicians in the development and use of performance-enhancing drugs. Focusing on drug use within elite sport, the book offers an in-depth examination of important contemporary themes and issues, including: the history of drugs in sport and changing patterns of use fair play, cheating and the 'spirit of sport' WADA and the future of anti-doping policy drug use in professional football and cycling sociological enquiry and the problems of researching drugs in sport. Designed to help students explore and understand this problematic area of research in sport studies, and richly illustrated throughout with case studies and empirical data, An Introduction to Drugs in Sport is an invaluable addition to the literature. It is essential reading for anybody with an interest in the relationship between drugs, sport and society.

*Drugs in Sport* Routledge

This book considers ethical arguments about performance enhancing drugs in sport in a global context. It examines: \* The forces that are bringing about the debate of ethical issues in performance enhancing drugs in sport \* The sources of ethical debates in different continents and countries \* The variation of ethical arguments in different cultural, political, ideological and sports systems. Whilst there has been a significant body of work that has looked at the importance of ethical issues in performance enhancing drugs in sport - there has been little, if any, consideration of the various ethical concepts in different countries and cultures involving sport. This is a major omission. This book fills the gap and provides a thorough review and analysis of the ethical literature on performance enhancing drugs in sport in the global society. It makes a major contribution to the worldwide anti-doping campaign in sport. This volume was previously published as a special issue of the journal Sport In Global Society.

*Doping, Performance-Enhancing Drugs, and Hormones in Sport* Oxford University Press

Coaches Guide to Drugs and Sport describes practical steps that will help coaches tackle the problems of tobacco, alcohol, and other drug use among their athletes. Drawing on decades of work in drug education and prevention, authors Kevin R. Ringhofer and Martha E. Harding explain how coaches can become effective advocates for prevention in their schools and communities. They also provide useful advice and corrective measures for coaches who suspect an existing drug problem on their team. Coaches Guide to Drugs and Sport also helps coaches identify school and community resources they can use to prevent problems, respond to troubled students, and promote healthy lifestyles. The book provides practical information on using student assistance programs, planning educational sessions, and determining whether to implement a drug-testing

program. The book also contains a listing of educational resources and a reference guide to common drugs.

#### **Coaches Guide to Drugs and Sport** Routledge

Drug free sport is an unattainable aspiration. In this critical, paradigm-shifting reappraisal of contemporary drug policy in sport, Bob Stewart and Aaron Smith argue that drug use in sport is an inexorable consequence of the nature, structure and culture of sport itself. By de-mythologising and de-moralising the assumptions that prop up current drug management controls, and re-emphasising the importance of the long-term well being and civil rights of the athlete, they offer a powerful argument for creating a legitimate space for drug use in sport. The book offers a broad ranging overview of the social and commercial pressures impelling drug use, and maps the full historical and social extent of the problem. With policy analysis at the centre of the discussion, the book explores the complete range of social, management, policy, scientific, technological and health issues around drugs in sport, highlighting the irresolvable tension between the zero-tolerance model as advanced by WADA and the harm-reduction approach adopted by drug education and treatment agencies. While there are no simple solutions, as long as drugs use is endemic in wider society the authors argue that a more nuanced and progressive approach is required in order to safeguard and protect the health, social liberty and best interests of athletes and sports people, as well as the value of sport itself.

*Drugs in Sport* Greenhaven Press, Incorporated

Drug abuse in sports has become so widespread that it threatens the safety, health, and longevity of athletes, while perverting the idea of sport as the play of the spirit. This text begins by exploring the societal and athlete-specific foundations of drug abuse. The second part details and describes the drugs most commonly used by athletes. Part III addresses the issue of recognizing and managing drug abuse in the athlete. A final chapter analyzes the legal aspects of the subject. Appendices include the policy of the American College of Sports Medicine, and the drug testing policies of major national and international sports organizations. For physicians and professionals working with competitive or recreational athletes. Annotation copyrighted by Book News, Inc., Portland, OR

*Performance-Enhancing Drugs in Sports* Routledge

Sports fans or not, readers will be fascinated by this revealing examination of the pressures leading to the widespread use of steroids in sport and the negative, unintended consequences of their ban. From Baron Pierre de Coubertin's original objectives in establishing the modern Olympic Games to the increasingly widespread use of performance-enhancing drugs during the Cold War to the 1998 drug scandal during the Tour de France and beyond, Steroids: A New Look at Performance-Enhancing Drugs puts the social construction of steroids as a banned substance under the microscope and interprets the implications of that particular conception of steroid use in sport. Clearly written and highly accessible for all readers, this book addresses a pressing issue in professional and high-performance sport—the use of steroids—by placing it within the historical context of the ongoing desire to achieve the pinnacle of human sport. Topics examined in detail include the three major crises of Ben Johnson's positive test in the 1988 Seoul Olympics, the creation of the World Anti-Doping Association, and the House Committee on Government Oversight's probe into steroid use. The author provides a critical examination of the current ban on steroids, and boldly advocates a common-sense solution to the complex problem of steroid use in sport: the adoption of harm-reduction strategies and policies rather than outright proscription.

*Run, Swim, Throw, Cheat* Springer Nature

Why do many athletes risk their careers by taking performance enhancing drugs? Do the highly competitive pressures elite sports teach athletes to win at any cost? In order to understand the complex relationships between sport and other aspects of society, it is necessary to strip away our preconceptions of what sport is, and to examine, in as detached a manner as possible, the way in which the world of sport actually functions. This fully updated edition of Ivan Waddington's classic introduction to drugs in sport examines the key terms and key issues in sport, drugs and performance and is designed to help new students explore these controversial subjects, now so central to the study of modern sport. The book addresses topics such as: the emergence of drugs in sport and changing patterns of use the development of an objective, sociological understanding sports law, policy and administration WADA, NGB's and the sporting federations case studies of football and cycling the case of sports medicine. An Introduction to Drugs in Sport: Addicted to Winning is a landmark work in sports studies. Using interview transcripts, case studies and press cuttings to ground theory in reality, students and lecturers alike will find this an immensely

readable and enriching resource.

#### **Drugs in Sport Isn't Just about Steroids** Routledge

From turn-of-the-century horseracing to the monolithic anti-doping attitudes now supported by sporting organizations, the development of anti-doping ideology has spread throughout modern sport. Yet heretofore few historians have explored the many ways that international sport has responded to doping. This book seeks to fill that gap by examining different aspects of sport's global efforts to respond to athletes doping. By incorporating cultural, political, and feminist histories that examine international responses to doping, this special issue aims to better articulate the narrative of doping. The work starts with the first mention of doping in any sport. It examines not only the first efforts to ban doping but also the athletes who sought performance enhancers. Focusing on specific framing events, authors in this issue examine how history of doping and how it has indelibly marked the sporting landscape. The result is a work with both breadth and focus. From stories of Japanese swimmers to Italian runners to American jockeys, the work spans the range of doping history. At the same time, the authors remain focused around one single issue: the history of doping in sport. This book was published as a special issue of the International Journal of the History of Sport.

*Drugs and the Athlete* Infobase Publishing

Doping, Performance-Enhancing Drugs, and Hormones in Sport: Mechanisms of Action and Methods of Detection examines the biochemistry and bioanalytical aspects of performance-enhancing drugs (PEDs) and other questionable procedures used by athletes to enhance performance. The book informs the specialist of emerging knowledge and techniques and allows the non-specialist to grasp the underlying science and current practice of the discipline. With clear and compelling language appropriate for a broad spectrum of readers, this book provides background on prevalence, types of agents, their actual or supposed benefits, and their negative effects on health. The technical aspects of detection are discussed, followed by a discussion of why detection is a problematic and still-evolving science. To facilitate comprehension, each chapter is organized in a uniform way with six sections: (1) standard medical uses, (2) why the drugs are used by athletes, (3) biological mechanism of action, (4) what research says about efficacy in improving performance, (5) major health side effects from use and abuse in sport, and (6) concluding key points. Presents the scientific concepts of how performance enhancers work, how they are used, and how they are detected and masked from detection Features language that is neither simplistic to scientists nor too sophisticated for a large, diverse global audience Provides a short "close-up" in each chapter to illustrate key topics that engage, entertain, and create a novel synthesis of thought

#### **Rethinking Drug Use in Sport** William C. Brown

This book is about gym culture, the pursuit of fit, muscular bodies and the use of drugs as a means to get there. Building on the international research literature and in-depth interviews with men who have experience of image and performance enhancing drugs (IPEDs), the book explores the fascination with muscles, motivations for using drugs to enhance them, assessments of risks, and experience of side effects. The book examines what the altered body does to the men's identity, self-image and relationships with peers and partners. Taking an evolutionary psychological approach, it also investigates the biological and psychological foundations of the fascination with the muscular body and discusses the notion of precarious manhood. Building on these analyses the book considers the political and regulatory initiatives in place to prevent the use of IPEDs and assesses those strategies' potential to reach their aims. This is essential reading for anybody with an interest in the issue of drugs in sport, the ethics of sport, sociology of sport, sociology of the body, masculinity or public health.

#### **Inside Dope** Routledge

This book is an innovative and compelling work that develops a modified moral panic model illustrated by the drugs in sport debate. Drawing on Max Weber's work on moral authority and legitimacy, McDermott argues that doping scandals create a crisis of legitimacy for sport governing bodies and other elite groups. This crisis leads to a moral panic, where the issue at stake for elite groups is perceptions of their organizational legitimacy. The book highlights the role of the media as a site where claims to legitimacy are made, and contested, contributing to the social construction of a moral panic. The book explores the way regulatory responses, in this case anti-doping policies in sport, reflect the interests of elite groups and the impact of those responses on individuals, or "folk devils." The War on Drugs in Sport makes a key contribution to moral panic theory by adapting Goode and Ben-Yehuda's moral panic model to capture the diversity of

interests and complex relationships between elite groups. The difference between this book and others in the field is its application of a new theoretical perspective, supported by well-researched empirical evidence.

Drugs, Sport, and Politics John Wiley & Sons

Athletes are always aiming to be faster, better, stronger. New techniques to enhance their sporting performance have increasingly been linked to use of novel psychoactive substances (NPS) and other hard-to-detect substances like performance-enhancing drugs. This book offers a timely analysis of the new challenges posed by this phenomenon in the anti-doping community. The authors present the first comprehensive perspective on the rapidly shifting doping scenario and reflect on use, regulation, policy, and market structure of NPS used in sports. They highlight the challenges with the list of prohibited substances and methods in and out of competition. They also evaluate how methods to detect new drugs present an ongoing battle for doping control as they have to be adapted constantly. Topics covered within the chapters include: Contamination of Sports Supplements with Novel Psychoactive Substances Untested Supplement Use Among

Athletes: An Overlooked Phenomenon? International Drug Control: Protecting the Health of the Athlete Analysis of New Chemical Entities in a Sport Context Emerging Drugs in Sport establishes a clear benchmark on the policy discussion, drawing from available evidence and sources, including athletes' personal experiences, to generate a fact-based resource that informs a research as well as wider audience. The book is essential reading for those working in anti-doping, substance misuse, sports, ethics, and human enhancement. It also is useful for policy-makers, legislative personnel, and other professionals with an interest in protecting clean sport. "Doping is one of the greatest threats to the integrity of sport. We must never be tempted to turn our back on the problem and hope it will disappear. The benefits and values of clean sport have never been more important to the world. That is why this book with its wide-ranging approach is so valuable." Thomas Bach, President, International Olympic Committee "Physical activity is vital to a healthy living, which is why doping is not just an assault on fair competition, but also on health. I strongly commend this book for compiling advanced knowledge on performance-enhancing drugs and promoting health through sport." Tedros Adhanom Ghebreyesus, Director-General, World Health Organization

**Performance and Image Enhancing Drugs and Substances** Routledge

The use of illegal performance enhancing drugs in elite sport, known as 'doping', is hidden in nature and increasingly widespread. Recent local and international doping scandals involving professional cyclists and football players have brought the issue of drugs in sport under greater scrutiny. Catching drug cheats is essential if sports are to be conducted fairly and if harmful health effects from drug abuse are to be avoided. A number of sports are plagued by suspicions that many top athletes resort to drug-taking to enhance their performance through the use of such substances as anabolic steroids, human growth hormone, erythropoietin (EPO), beta-blockers, stimulants and diuretics. This book examines anti-doping regulation in Australia and globally, and presents a range of opinions on the ethics of drugs in sport. Elite sports people are always seeking a competitive edge, to break records and win, sometimes at an ethical cost. What substances and methods are considered doping, and how can regulation and testing ensure all athletes have a sporting chance? Should drug cheats continue to be punished for doping, or should doping even be made legal?